

PREFERRED PROVIDER NETWORK ORGANISATION (P.P.O.)

PHARMACIES

NORTH

NAME	ADDRESS	PHONE NUMBER
Bhagan's Drug Store	10 Broadway, Port of Spain	627-5541
Bhagan's Drugs Woodbrook Ltd	43 Tragarete Rd, Woodbrook	622-1486
Bournes Road Pharmacy	2 Bournes Rd, St. James	622-3721
C.V.A. Pharmacy	91 Oxford Street, Port of Spain	624-8934
C.V.A Pharmacy	149 Western Main Rd, St. James	625-4282 Ext500
Disdrugs Limited	68 Independence Square Port of Spain	625-6145
Massy Stores Pharmacy	104 Cascade Rd, St Anns	621-2273
Massy Stores Pharmacy	111 Saddle Rd, Maraval	609-2301
Kappa Drug Limited	Cor. Damien & Roberts St Woodbrook	225-5272
St. James Pharmacy	11 Western Main Rd, St. James	622-0321
SuperPharm Ltd	135 Bergerac Terrace Maraval	800-4969 Ext 2501
The Avenue Pharmacy	95 Ariapita Avenue, Woodbrook	222-1343
Young's Pharma-Serv Limited	26 Saddle Rd, Maraval	622-6478

WEST

A & L Pharmacy	1 David Ben Gurion Avenue Morne Coco Rd, Petit Valley	637-4868
C.V.A Pharmacy	109 Diego Martin Main Rd Diego Martin	633-7000

PHARMACIES

WEST

NAME	ADDRESS	PHONE NUMBER
Kappa Drugs Limited	Highland Plaza, Glencoe	225-5272
Massy Stores Pharmacy	Western Main Rd Westmoorings	633-2273
SuperPharm Ltd	No.1 Columbus Circle Westmoorings	800-4936 Ext 2101

EAST

Bhagan's Drug Store	Ridgewood Plaza, Arima	667-1791
Bonanza Drugs Ltd.	49 Eastern Main Rd Petit Bourg, San Juan	674-1465
Express Drugs Limited	62 Aranguez Main Rd Aranguez	675-5978
Glendale's Drugs	Level 1, Trincity Mall, Trincity	640-1247/9415
Hometown Pharmacy	15A Queen St., Arima	667-2000
Kadmin's Pharmacy Limited	76 Eastern Main Rd San Juan	674-2577
Lee's Pharmacy	61 Eastern Main Rd, Curepe	662-4566
Massy Stores Pharmacy	Corner Eastern Main Rd Sellier Street, St. Augustine	662-2273
Medicare Drugs Limited	Cor. El Dorado Rd Eastern Main Rd, Tunapuna	663-6061
Med Farm Drugs Limited	Cor. O'Meara Road & O'Connor Drive Xtra Food Compound, Arima	646-5858
Med Farm Drugs Limited	49 Corner E.M.R. & Cane Farm Rd, Tacarigua	640-0004

PHARMACIES

EAST

NAME	ADDRESS	PHONE NUMBER
Midtown Pharmacy Limited	69 Eastern Main Rd, Tunapuna	645-5763/62707
Pharmax Pharmacy	3 Foster Road, Eastern Main Rd Sangre Grande	668-7348
Rite Aid Pharmacy	105 Eastern Main Rd, Tunapuna	662-2586/663-8915
S.A.P.H Limited (Pharmacy)	4 Austin Street, St. Augustine	663-7274
St. Joseph Pharmacy	43 Eastern Main Rd, St. Joseph	663-3663
SuperPharm Ltd	LP #33 Zone 29 B Trincity Central Rd	800-4969 Ext 2801
SuperPharm	Corner Morequito Avenue & Churchill Roosevelt Highway Valsayn	800-4969 Ext 2301
10 th Avenue Drugs	185 Eastern Main Rd, Barataria	674-8774
10 th Avenue Drugs	234 Eastern Main Rd, Tunupuna	633-4365
V&L Pharmacy	Cor. Sultan Lane & El Socorro Rd San Juan	675-6337
Vita Drugs Limited	El Socorro Mini Plaza, Mohammedville & El Socorro Rd. San Juan	674-9435
U.W.I. Pharmacy	U.W.I. Pharmacy Health Services Unit The University of the West Indies St. Augustine	662-2002 Ext 2153

CENTRAL

Bhagan's Drugs (Price Plaza)	Endeavour Road, Chaguanas	671-7286
Bhagan's Drugs	13 Caroni Savannah Rd Chaguanas	671-0331

PHARMACIES

CENTRAL

NAME	ADDRESS	PHONE NUMBER
Bhagwat's Pharmacy	30 Main Rd, Chaguanas	671-3311
Carol's Pharmacy	189 Southern Main Rd, Couva	636-4801
Central Drugs Limited	37 Southern Main Rd. California	636-9965
Charleville Community Pharmacy	131 Caroni Savannah Rd Charleville, Chaguanas	672-5948
Livingston Drugs Limited	Cor. Penco & Gaston St Chaguanas	221-4900
Medicine Center, The	Mid Centre Mall, Chaguanas	671-1893
Medi Life Pharmacy Ltd	Suite 102 Brentwood Professional Centre, Edinburg 500, Chaguanas	345-4331
Montrose Pharmacy	Main Road Montrose Junction, Chaguanas	665-4656
Nancy's Pharmacy	47 Rodney Rd, Endeavour Village Chaguanas	222-6210/365-0591
Pharmacy Connection Ltd	56 Rasmsaran St, Chaguanas	672-1891
Specialist Pharmacy	LP No. 53 St. Mary's Junction Freeport	673-0135
SuperPharm Limited	Narsaloo Ramaya Rd Endeavour, Chaguanas	800-4969 Ext 2201
V&C Drug Mart Ltd	59 Main Rd Montrose, Chaguanas	672-3188

SOUTH

Acropolis Medical Centre	99 B Circular Road, San Fernando	653-3285
Anva's Health Plus Pharmacy	271 Cor. Edward St & Guinness Circular Dr. Princes Town	221-4804
Centre Plus Pharmacy	166 S.S. Erin Road, Debe	222-5801

PHARMACIES

SOUTH

NAME	ADDRESS	PHONE NUMBER
Avocat Pharm-Assist	227 Avocat Junction, Avocat	480-2097/310-3788
Drugs R US Limited	58 Corinth Road, Cocoyea Village San Fernando	223-7096
Eddie's Pharmacy Limited	1135 S.S. Erin Rd, Penal	647-1627
Eddie's Pharmacy Limited	53 Rochard Douglas Rd Barrackpore	654-2655
Lisa's Drug Mart	17 A High Street, Siparia	649-2176
Lisa's Pharmacy	54 Bamboo Bay Rd, Gulf View	697-3096
Lisa's Pharmacy	109 Guapo Rd, Fyzabad	677-3903
Loren's Pharmacy	20 A Dumfries Rd, La Romain	358-3521/222-1102
Massy Stores Pharmacy	Corner South Trunk Rd & Bamboo Bay Rd, La Romain	653-8495
Massy Stores Pharmacy	Marabella House Marabella Roundabout Southern Main Rd, Marabella	658-2273
Medi-Buys Distribution	78-80 Craguish Village Naparima Mayaro Rd, Princes Town	655-0030
Medsaver Plus Pharmacy	4-6 Scott Street, San Fernando	223-8828
Park View Pharmacy	Lot B S.S Erin Rd, Phillipine	223-7508
Park View Pharmacy	238 Diamond Village San Fernando	657-1833
Ralph's Pharmacy	13 Penal Rock Rd, Penal	647-7075
Ramkoon's Pharmacy	Mayaro Junction, Mayaro	630-3784
Rio Claro Pharmacy 2007 Ltd	2489 High Street, Rio Claro	644-2319

PHARMACIES

SOUTH

NAME	ADDRESS	PHONE NUMBER
Rousillac Drug Mart	440 Main Road, Rousillac	648-8519
Seeta Pharmacy	29 De Gannes Lane, Siparia	649-0122
Shireen's Pharmacy	Cipero Street, San Fernando	652-7103
Southern Drug Mart	146C Churkoo Village Princes Town	225-7138
South Zone Pharmacy Ltd	62 Main Road, Point Fortin	648-3253
SuperPharm Ltd	Lot #2 South Trunk Rd La Romain	800-4963 Ext 2601
Tara's Pharmacy Ltd	48 Guapo Road, Fyzabad	677-2622
Tara's Pharmacy Ltd	Lot 31C + 31D Belle Vue Estate South Oropouche Creek, Oropouche	677-2580
Tara's Pharmacy Ltd	206 New Colonial Rd Barrackpore	654-1846
Umraw's Pharmacy	6 Clarke Rd Junction, Penal	647-4464
Valini's Drug Mart Limited	58-60 Sutton Street San Fernando	657-6444/657-1053
Value Med Ltd	LP 246-1 Charlo Village	647-4151
Wellmart RX Limited	91 S.S Erin Rd Palmiste, San Fernando	657-9100

TOBAGO

Bhagan's Drugs	Pelican Point Plaza, Crown Point	631-5143
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HOSPITALS

Please note that all Doctors Operating out of Hospitals on our Network are not necessarily Providers on our Network. Please check listing of Doctors before proceeding.

NAME	ADDRESS	PHONE NUMBER
<u>NORTH</u>		
St. Clair Medical Centre	18 Elizabeth Street Port of Spain	628-1451/2 628-8615
<u>WEST</u>		
West Shore Medical Limited	239 Western Main Road Cocorite	622-9878
<u>EAST</u>		
Medical Associates Limited	Cor. Albert & Abercromby Street St. Joseph	662-2766
St. Augustine Private Hospital	4 Austin Street St. Augustine	663-7274 662-5555/7777
<u>CENTRAL</u>		
Medical Associates Central Hospital	LP No. 3 Montrose Main Rd Chaguanas	223-6898 223-5138
<u>SOUTH</u>		
Cross Crossing Medical	Oliver Ave., Cross-Crossing San Fernando	652-4411
Gulf View Medical Centre	715-716 M Connie Street Gulf View, La Romain San Fernando	652-7102
Southern Medical Clinic	26 Quenca Street San Fernando	652-2870
Surgi-Med Clinic	Cor. Penitence & Chacon Streets San Fernando	652-4958/0383/2197
Victoria Nursing Home Limited	9-13 Archibald Street Vistabella.	652-3677 652-3153

DENTAL SURGEONS & ORTHODONTISTS

NAME	ADDRESS	PHONE NUMBER
<u>NORTH</u>		
Dr. Alida Jagdeo	Smile Works, Suite 103 Precision Place 43-45 Woodford Street, Port of Spain	622-6893
Dr. Arlene Wright (Orthodontist)	38 Petra Street, Woodbrook	625-6784/627-3244
Dr. Arthur Seebalack	145 Tragarete Rd, St. James	622-5806
Dr. Carlyle Russel-Hosein & Associates	Endeavour & Maraval 66 Maraval Rd, Maraval	622-5039
Dr. Curtis & Oliver Harper	Trinidad Orthodontics Centre 144 Henry St. POS	285-9173
Dr. Jason Warner (Root Canal Specialist)	Nu View Endodontics 5 Robert Street, Woodbrook	223-8889
Dr. Leigh Cabral	5 Robert Street, Woodbrook	225-9228
Dr. N Woon Sam & Associates	43-45 Frederick Street, POS	623-2326
Dr. Paul Camacho	No. 28 Gordon Street, POS	623-6453
Dr. Patrice Ward	93 Cascade Rd, Cascade	372-1009
Dr. Sastri Harnarayan	56-58 Robert Street, Woodbrook	622-6933
Dr. Trudee Hoyte	Hoyte Orthodontics (THO Service Ltd) 25 Stanmore Avenue, POS	627-8532
Dr. Vian Kissoon	No. 1 Adam Smith Sq. Woodbrook	221-5729
<u>WEST</u>		
Cosheb Professional Services	No. 9 Meerut Street, St. James	379-9579
Dr. Kevin Moze	Lifestyle Dentistry 13-13 New Yalta, Diego Martin	633-9736
Dr. Dion Koonoolal	Caribbean Smiles Dental Place Unit 4, Highland Plaza, Glencoe	374-6644

DENTAL SURGEONS & ORTHODONTISTS

NAME	ADDRESS	PHONE NUMBER
<u>EAST</u>		
Dr. Barry Ollivierra	Akarta Ltd 42 Mendez Drive, Champs Fleurs	663-0087/645-9531
Dr. Beverly-Anne Callender	Dental Suite & Implant, Sangre Grande Dental Eastern Main Road, Sangre Grande	668-2083
Bourne Dental Clinic Ltd	No. 1A Bryce Terrace, St. Augustine	662-9968
Dr. Caroline Singh	Miles of Smiles Dental Surgery Ltd No. 91 El Socorro Rd, San Juan	674-4144
Dr Christopher Mawer	Dental Suite & Implant Centre Cor. 53 Junction Street & Eastern Main Rd, Curepe	662-7973
Dr. Clint Coolman	Aranguez Dental Clinic 126A Aranguez Main Rd, Aranguez	638-3384
Dr. Curtis Harper	Trinidad Orthodontic Centre Ltd 91 Eastern Main Road, St Augustine	285-9173
Dr. Dale Ahyoung	Merit Dental Centre Ltd No. 20 Devenish Street, Arima	664-3534 (Fax) 667-7521
Dental Excellence	1 MP Southern Main Rd, Curepe	645-9064
Dr. Ingrid Seeberan	Family Dentistry 313 Eastern Main Road, El Dorado	662-1827
Dr. Kafi Grant	Permandent Dental Clinic Ltd At Wilmed Medical Shops of Arima, Tumpuna Rd, Arima	221-0598 722-9669
Dr. Melissa Mankee	The Tooth Haven Dental Studio 56 Eastern Main Road, D'Abadie	646-0780
Millennium Dental & Medical Service	No. 2-4 Henry Pierre Terrace St. Augustine	663-1108

DENTAL SURGEONS & ORTHODONTISTS

NAME	ADDRESS	PHONE NUMBER
<u>EAST</u>		
Dr. Nathan Bhagan	Apex Dental Ltd. Cor. 37 Sellier St & Frazer Street Curepe	645-9806
Dr. Opal Roopchand	Opal Essences Dental Enterprises No. 2-4 Henry Pierre Terrace St. Augustine	663-1108
Dr. Peter Martin	Suite GF1 Emerald Plaza 54-56 Eastern Main Rd, St. Augustine	662-9653
Dr. Rennie Roopchand	Impressive Expressions Limited No. 2-4 Henry Pierre Terrace St. Augustine	662-8844
Dr. Roosevelt Rock	Quality Dental Care No. 16 Jackson Street, Curepe	645-9994
Dr. Sonia Ramcharan	Sunny Caribbean Family Dentistry Ltd No. 1 Chootoo Rd, El Socorro San Juan	270-6718 395-4409
Dr. Sharlemar Hosein-Topha (Orthodontist)	The Orthodontic Specialist Clinic Ltd 48 Eastern Main Rd, St. Augustine	645-6784
<u>CENTRAL</u>		
Dr. Anil Kamta	Freeport Dental & Implant Centre E.P. 597 S.M.R. St Mary's Carapichaima, Freeport	393-5200
Dr. Curtis Sealy	Advanced Dental Care Ltd LP18 Caroni Savannah Rd, Chaguanas	665-6455
Dr. Arlana Bissoon	Dental Imageworks Ltd 142 Munroe Road, Cunupia	222-9152 272-3696
Chaguanas Dental Clinic	19 Main Road, Chaguanas	665-6074
Dr. Dion Koonoolal	Caribbean Smiles Dental Place LP No. 254, Southern Main Rd, Cunupia	693-0844

DENTAL SURGEONS & ORTHODONTISTS

NAME	ADDRESS	PHONE NUMBER
<u>CENTRAL</u>		
Dr. Dion Koonoolal	Caribbean Smiles Dental Place No. 47 Endeavour Rd, Chaguanas	671-2344
Dr J.H. Standring & Association	Couva Dental Centre 150 Southern Main Rd, Couva	636-8083
Dr. Jeffrey Luk Pat	The Smile Centre 54 Cayenne Drive, Orchard Gardens Chaguanas	672-2624
Dr. L. Woon Sam & Associates	Endeavour & Maraval Ltd 14 Endeavour Rd, Chaguanas	665-5085
Dr. Nalini Rampersad	Dental Care Today 86 Edinburgh Village, Chase Village	672-4169
Dr Pravin Sharma	Dental Centre Clinic 78-79 Corner Helen & La Clave St Lange Park, Chaguanas	665-6679
Dr. Rajesh Maharaj	Dr. Rajesh Maharaj & Co. Ltd 15 Southern Main Rd, Chaguanas	665-7375
Dr. Rishad Seecheran	Dental Plus Limited 49 Main Road, Montrose, Chaguanas	665-1515
Dr. Roosevelt Rock	Quality Dental Care No. 10 Mc Bean Rd, Couva	636-8696
Dr. Ryan Moosai-Maharaj	Forever Smiles Ltd 1 st Floor, No 94 Main Rd, Chaguanas	672-0548
Dr. Sati Ramnarine	Denta Care Brentwood Professional Centre 1 Worth Brentwood Ave, Brentwood Chaguanas	297-3368

DENTAL SURGEONS & ORTHODONTISTS

NAME	ADDRESS	PHONE NUMBER
<u>SOUTH</u>		
Acropolis Medical Centre Ltd	99B Circular Rd, San Fernando	657-3356
Dr Adesh Nanan	Nanan's Dental Clinic The Perfect Smile 61 High Street, Princes Town	655-3416
Dr. Anil Kamta	Freeport Dental & Implant Centre No. 727 Papourie Rd, Lower Barrackpore	333-2052
Dr. Curtis & Oliver Harper	Trinidad Orhtodontics Centre 9 Pond Street, La Romain	285-9173
Dr. Deepak Maharaj	The Dental Guru Limited Dental & Implant Center 1190 S.S. Erin Rd, Penal	368-5444
Dr. Varinder Maharaj	Gasparillo Dental 6 Harmony Hall Rd, Gasparillo	364-6464
Dr. Jason Warner (Root Canal Specialist)	Nu View Endodontics 63 Rushworth Street, San Fernando	657-1322
Dr. Kerrin Samm	Naparima Dental Clinic 63 B Pointe –a- Pierre Rd, San Fernando	657-1369
Dr. Kerrin Samm	Naparima Dental Clinic 46 Baptist Road, Point Fortin	648-3294
Dr. Mark Ragoonanan	Miracle Dental Care Limited 41 Tanner Street, Point Fortin	648-4000
Dr N Souza-Okpofabri & Associates	San Fernando Dental Centre 11A Gordon Street, San Fernando	657-6453
Dr. Niala Gobin	Smile Studio Company Limited 416 Southern Main Road, La Romain	268-0220
Dr. Paiman Lalla	Tropical Dental 5 Archibald Street, Vistabella	653-0436

DENTAL SURGEONS & ORTHODONTISTS

NAME	ADDRESS	PHONE NUMBER
<u>SOUTH</u>		
Dr Pravin Sharma	Dental & Implant Centre Gulf View Medical Centre 715-716 Mc Connie Street, La Romain	652-2117
Dr. Roosevelt Rock	Quality Dental Care No. 518 Avocat Village, Fyzabad	677-4188
Dr. Ron Rambarran	113 Erin Road, Phillipine, San Fernando	764-9639
Dr Sastri Harnarayan (Orthodontist)	76-78 Seukeran Street, San Fernando	657-7885
Dr. Saleen Edwin	Lifetime Smiles Limited 114 High Street, Princes Town	220-2002
Dr.Surendra Rampersad	The Dental Office Rampersad Plaza, Penal Junction, Penal	647-3525
Dr. Tara Pollonais	Carlton Centre, Cathay House (Top Floor) San Fernando	652-7806
<u>TOBAGO</u>		
Dr. Warren Steele	Oracare Dental Centre 32 Wilson Road, Tobago	660-6725

SPECIALISTS

NAME	SPECIALTY	ADDRESS	PHONE NUMBER
Acropolis Medical Centre	Cardiac & Thoracic Surgeon	99 B Circular Rd San Fernando	653-3285
Dr. Ricky Maharaj	Cardiologist	Golden Care Medical Services Shops of Arima Tumpuna Road Arima	221-6993
“	“	Golden Care Medical Clinic Trincity Mall, Trincity	221-6993
“	“	St. Augustine Private 2-4 Austin Street St. Augustine	663-7274 Ext 3700
Dr. Clifford Thomas	Cardiologist	Premier Heart Care Ltd 25 Ana Street Woodbrook	221-2408
Dr. Bird Bruce	Cardiologist	Premier Heart Care Ltd 25 Ana Street, Woodbrook	221-2408
Dr. Roy Tilluckdharry	Cardiologist	Cross Crossing Medical Centre, Oliver Ave, Coconut Dr. San Fernando	652-4411
Dr. Audrey Edwards-Ramoutar	Dermatologist	Western Medical Centre 15 Cawnpore Street St. James	622-4113
“	“	76 Eastern Main Rd San Juan	628-7802
Dr. Judith Henry	Gastroenterologist	31, Gordon St. Port of Spain	625-3445
Dr. Steve Smith	Gastroenterologist	15 Carib St. San Fernando	657-2635

SPECIALISTS

NAME	SPECIALTY	ADDRESS	PHONE NUMBER
Dr. Feisal Daniel	Gastroenterologist	Endoscopy Trinidad & Tobago c/o Medical Associates Hospital Cor. Albert & Abercromby St. St. Joseph	223-3636
“ “	“	Endoscopy Trinidad & Tobago c/o The Surgi Med Clinic Cor. Chacon & Penitence St San Fernando	652-4958
Dr. Denaesh Ariyanayagam	General Surgeon	St. Augustine Private Hospital 4 Austin Street St. Augustine	662-7777/5555
Dr. Kieron Fung Kee Fung	General Surgeon	7 Fitz Blackman Drive Woodbrook	623-0401
Dr. Dexter Thomas	General Surgeon	239 Western Main Rd West Shore Medical Cocorite	622-9376 6285310
“ “	“	Paradise Place 12 Eastern Main Rd Tacarigua	640-6582
Dr. Anthony Pottinger	Gynaecological / Oncologist	Good Health Medical Centre 1-7 Fitzblackman Drive Woodbrook	624-7514
Dr. Ravi Maharaj	General/Surgical Onocology	St. Augustine Private Hospital 4 Austin Street St Augustine	663-7274 Ext 3700
Dr. Ramesh Mathura	Haematologist	27 Ramsaran St Chaguanas	671-8251 662-3377
Dr. Dilip Dan	Laprosopic Surgeon	Surgi-Medical Clinic Chacon & Penitence St San Fernando	652-4958 652-0383 652-2197

SPECIALISTS

NAME	SPECIALTY	ADDRESS	PHONE NUMBER
Dr. Rasheed Adam	Neurosurgeon	The Surgi-Med Clinic Chacon & Penitence Streets San Fernando	652-2197
“ “	“	121 Western Main Rd St. James	622-6023
Dr. Henry Bedaysie	Neurosurgeon	c/o Westshore Medical Centre 239 Western Main Rd Cocorite.	628-2209 622-9878
Dr. Afraz Ali	Obs&Gyn	4 Austin Street St. Augustine Private Hospital St. Augustine	662-7777
Dr. Jehan Ali	Obs & Gyn	26 Quenca Street San Fernando	652-9673
Dr. Lackram Bodoie	Obs&Gyn	Gulf View Medical 715-718 Mc Connie St. Gulf View, La Romain San Fernando	652-7154 657-3453
Dr. Earl Brewster	Obs&Gyn	84 Maraval Rd Newtown, Port of Spain	622-2979
Dr. Sherene Kalloo-Deyalsingh	Obs&Gyn	MTS Plaza 11 Aranguéz Main Rd San Juan	674-1457
Dr. Sherene Kalloo-Deyalsingh	Obs&Gyn	St. Augustine Private Hospital 4 Austin Street St. Augustine	674-1457
Dr. Shevon Joseph	Obs&Gyn	Azalea Health Services Ltd 68 Rosalino Street, Woodbrook	236-2160
Dr. Ravi Ramjanack	Obs&Gyn	49 Eastern Main Rd San Juan	341-9578
Dr. Ravi Ramjanack	Obs&Gyn	139 Edingburgh Garden Chaguanas	222-1215

SPECIALISTS

NAME	SPECIALTY	ADDRESS	PHONE NUMBER
Dr. Victor Wheeler	Obs&Gyn	Triangle Building 34 Carrington Street Scarborough, Tobago	660-7382
Dr. Peter Gentle	Orthopaedic Surgeon	The Surgi Med Clinic Cor. Penitence & Chacon Street San Fernando	652-4958
Dr. Curtis Young Pong	Orthopaedic Surgeon	St. Clair Medical Centre 18 Elizabeth Street Port of Spain	628-1452 Ext 316
“ “	“	Calder Hall Medical Centre 38 Calder Hall Road Tobago	660-7873
Dr. Curtis Young Pong	Orthopaedic Surgeon	Western Medical Centre 15 Cawnpore Street St. James	622-4113
“ “	“	West Shore Medical Limited Cocorite	622-9878
Dr. Boysie Mahabir	Ophthalmologist	Level 4, Long Circular Mall St. James	622-0000
Dr. Boysie Mahabir	Ophthalmologist	16-18 Eastern Main Rd Tunapuna	663-9842
Dr. Boysie Mahabir	Ophthalmologist	Carlton Centre San Fernando	657-2879
Dr. Anirudh Mahabir	Ophthalmologist	Surgi Med Clinic Chacon & Penitence St. San Fernando	652-4958
Dr. Solaiman Juman	Otolarynologist	Campus House 32 Eastern Main Rd St. Augustine	645-2368

SPECIALISTS

NAME	SPECIALTY	ADDRESS	PHONE NUMBER
Dr. Steve Medford	Otolaryngologist	Gulf View Medical Centre 715-716 Mc Connie Street Gulf View, La Romain	652-7102
Dr. Austin Trinidad	Otolaryngologist	Surgi Med Clinic Chacon & Penitence Streets San Fernando	652-4958
Dr. Wendell Dwarika	Otolaryngologist	7 Henry Pierre Street Woodbrook	622-7178
Acropolis Medical Centre	Paediatrician	99 B Circular Rd, San Fernando	653-3285
Dr. Umang Minocha	Paediatrician	Gulf View Medical 715-718 Mc Connie St. Gulf View, La Romain San Fernando	652-7102
Dr. Alison Murphy	Paediatrician	3 Adam-Smith Sq. Woodbrook, POS	625-6060
Dr. Vanessa Stewart	Paediatrician	30 Luis Street Woodbrook, POS	624-8394
Dr. Haffiz Warris	Paediatrician	St. Augustine Private Hospital 4 Austin Street , St. Augustine	662-5555 662-7777
Dr. Rose Marie Thomas	Paediatrician	Frontier Kids Care #23 Mc Donald Place Cor. Phillip & Mc Donald Streets Curepe	645-9605
Dr. Rajindra Parag	Paediatrician	Gulf View Medical Centre # 715-716 Mc Connie St. Gulf View, La Romain	652-7102

SPECIALISTS

NAME	SPECIALTY	ADDRESS	PHONE NUMBER
Dr. Cherrita Ramsaran	Physician / Specialist	The Health Service Unit The University of the West Indies St. Augustine	662-2002 Ext 8215
Dr. Sandra Reid	Psychiatrist	144 Eastern Main Road Petit Bourg	638-4748
Renew Star Serpentine Ltd	Physiotherapist/ Occupational Therapy	14 Rust Street, St. Clair	622-7468
Dr. Dale Maharaj	Specialist General & Vascular Surgeon	Caribbean Vascular & Vein Clinic St. Clair Medical Centre 18 Elizabeth Street, St. Clair	622-9665
Dr. Wilson Ayoung Chee	Urologist	St. Clair Medical Centre 18 Elizabeth St. St. Clair	622-2358 628-1451
Dr. Philip Ayoung Chee	Urologist	Surgi-Medical Clinic Chacon & Penitence St San Fernando	652-4958 652-0383 652-2197
Dr. Lester Goetz	Urologist	Gulf View Medical 715 -716 Mc Connie St La Romain, San Fernando	652-7102
“ “	Urologist	Medical Associates Cor. Albert & Abercromby St. St. Joseph	662-2766
Dr. Lal Sawh	Urologist	Southern Medical Clinic, 26-34, Quenca St. San Fernando	657-7294
Dr. Lal Sawh	Urologist	West Shore Medical Ltd 239 Western Main Road Cocorite	622-3504 622-0096
Dr. Fidel Rampersad	Vascular & Interventional Radiologist	The Surgi Med Clinic Cor. Of Chacon & Penitence St San Fernando	709-6881/712-1263

GENERAL PRACTITIONERS

NAME	ADDRESS	PHONE NUMBER
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NORTH

Dr. Asante VanWest -Charles Le Blanc	Victoria Clinic 54 Gallus Street, Woodbrook	622-2221
Dr. Emerson Budhoo	c/o St. Clair Medical Hospital 18 Elizabeth Street, St. Clair	628-1452
Dr. Everard Girod	8 Saddle Rd, Maraval	628-3362
Dr. Jill Robertson	8 Saddle Rd Maraval Cor. Scott Drive	628-0106
Dr. Kenwyn Nicholls	Western Medical Centre 15 Cawnpore Street, St, James	622-4113
Dr. Michael Telemaque	37 Long Circular Rd, St. James	622-9376
Dr. Oliver Young Pong	Western Medical Centre 15 Cawnpore Street St James	622-4113 628-7802
Dr. Renata Pooran	23 Lucknow Street, St. James	622-7032
Ocean Rose Clinic	Dr. Micolette Cox-Griffith Dr. Renee Haywood Dr. Danielle Josa Dr. Farah Ahmed Unit 16B, One Woodbrook Place, Woodbrook	628-7673

WEST

Dr. Richard De Souza	130 Diego Martin Main Rd Diego Martin	632-2909
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EAST

Dr. Barry Roopchand	Horizon Health Care Ltd Suite 3 Lot #5 Chootoo Lane El Socorro South	222-0638
Dr. Calvin Inalsingh	49 Eastern Main Road Petit Bourg	638-1733

GENERAL PRACTITIONERS

NAME	ADDRESS	PHONE NUMBER
<u>EAST</u>		
Dr. Calvin Inalsingh	6 John Shaw Avenue, Arima	667-3844
Dr. Cherrita Ramsaran	The Health Service Unit The University of the West Indies, St Augustine	662-2002 Ext82153
Dr. Clive Tilluckdharry	91 Eastern Main Rd St. Augustine	645-2423
Dr. Cyril Platoo	Savi Street, Boodooville San Grande	668-4532
Dr. Dalton Ali	2 nd Floor, 213 Eastern Mn Rd Tacarigua	640-7221
Dr. Dipchand Rattan	93 Eastern Main Rd St. Augustine	662-4528
Dr. Garthlyn Craig	4 La Resource Rd, D'Abadie	642-3846
Dr. Gautam Tewari	El Socorro Road, San Juan	675-3811
Dr. Lloyd Ramcharan	15 El Carmen St, Arima	667-3132
Dr. Lutchmie Bassawh	Women's Health Clinic 21 Brierley Street, Sangre Grande	223-6890
Dr. Mahase Harrysingh	#133 Eastern Mn Rd, Tacarigua	640-3867
Dr. Martin Franklyn-Frederick	20 Devenish Rd, Arima	667-2371
Dr. Mel Akal	118 Southern Main Rd, Curepe	663-1459
Dr. Neil Singh	Cor. Mohammedville & El Socorro Road, San Juan	674-5746
Dr. Paul Bissesar	1 Balthazar Street, Tunapuna	662-5476
Dr. Raveed Khan	Sport Clinic – Centre of Excellence Macoya	356-8298

GENERAL PRACTITIONERS

NAME	ADDRESS	PHONE NUMBER
<u>EAST</u>		
Dr. Rodney Harricharan	El Dorado Medical Centre No. 220 Eastern Main Rd Tunapuna	662-3317 645-0785
Dr. Raymala Maharaj	Green Apple Medical No. 2 Aranguez Main Rd, San Juan	223-4267
Dr. Roger M. Williams	Wilmed Doctor Office Shops of Arima, Arima	223-7282
Dr. Roger M. Williams	Wilmed Doctor Office Cor. Bye Pass Road & Torrecilla Avenue, Arima	225-6313 713-4674
Dr. Sonia Robinson	Mc Carty & Warner St St. Augustine	645-4874
Dr. Wahid Mohammed	11 Eastern Main Rd, Curepe	663-8946
Dr. Varma Deyalsingh	M.T.S. Plaza Plaza Aranguez, San Juan	674-1457
Dr. Vidya Gyan-Tota-Maharaj	268 Eastern Main Road Tunapuna	662-8819
<u>CENTRAL</u>		
Dr. Ivan Daniel	33 Ramsaran Rd, Ramsaran Park	655-5764
Dr. Krishna Badri-Maharaj	L.P. 202, Montrose	665-5276
Dr. Mahesh K Patel	Main Rd. Montrose Junction, Montrose.	665-8050
Dr. Omar Ali	Main Road, Montrose	665-7108
Dr. Pooran Ramlal	Southern Main Rd Opposite Scotia Bank, Couva	687-9144
Dr. Selwyn Rocke	27 De Verteuil St, Chaguanas	665-6593

GENERAL PRACTITIONERS

NAME	ADDRESS	PHONE NUMBER
<u>CENTRAL</u>		
Dr. Vani Matmungal	Medlife Centre 37 Southern Main Rd, California	636-5492
<u>SOUTH</u>		
Acropolis Medical Centre	99 B Circular Rd, San Fernando	653-3285
Dr. Deodath Ragoonan	29 De Gannes Lane, Siparia	649-0122
Dr. Dion Carter	No. 1 Point-a-Pierre Rd, San Fernando	653-0291
Dr. Keith Imambaksh	Gordon Street Family Care Clinic 29 Independence Avenue	657-1607
Dr. Marvindra Maharaj	1071 SS Erin Rd Boodoo Trace, Penal	647-1646
Dr. Maniram Rampaul	High Street, Rio Claro	644-2280
Dr. Michael Oiseoghade	Union Life Medical Centre 2 Adventure Road, Point Fortin	648-2712
Dr. Mohammed Israel	#28 Church Street, Point Fortin	648-1429
Dr. Roopnarine Harrinanan	Princes Town Medical Centre No. 5 Broomage # 1 Princes Town	655-3576
Dr. Romesh Mootoo	Medical Centre, 7 Keate St.	652-7144
Dr. Ronald Gobin	416 Southern Mn. Rd, La Romain	652-9193
<u>TOBAGO</u>		
Dr. Adeyemi Maxwell	Bacolet Street, Scarborough	639-1848
Dr. Sandeep Kumar	Rockley Vale, Scarborough	639-3157

The Breast Cancer Screening & Diagnostic Facility

NAME	ADDRESS	PHONE NUMBER
Pink Hibiscus Breast Health Specialist	#5 Adam Smith House Square Woodbrook	627-1010 625-1020 (Fax)

LISTING OF LABORATORIES

NAME	ADDRESS	PHONE NUMBER
<u>NORTH</u>		
Alexandra MRI	4A Alexandra Street St. Clair	225-2674
Bio-Medical Laboratory	#9 Long Circular Rd St James	622-8450
Global AHMS Access Health	One Woodbrook Place Unit 16 B Tragarete Road, Woodbrook	746-2467
Lab Medica Services	Health Net Caribbean Building Cor. Tragarete Road & Herbert St Port of Spain	285-4640/4632 290-1257/1261
Medical Diagnostic Technologies Ltd.	X-Ray Department Specialist Centre 74-76 Dundonald St	625-9729
MRI Trinidad & Tobago Ltd	No. 1-7 Fitz Blackman Drive (next to the National Stadium) Woodbrook	623-4674
Renand Limited	#23 Lucknow Street , St. James	622-7032
St Clair MRI Centre	11 Havelock Street St Clair	628-9780 628-7157
Victoria Laboratories Ltd.	64 Pembroke Street, Port of Spain	625-8493

LISTING OF LABORATORIES

NAME	ADDRESS	PHONE NUMBER
<u>WEST</u>		
Advanced Cardiovascular Institute Ltd	239 Western Main Rd Cocorite	628-4740 625-8937
Victoria Medical Laboratories	239 Western Main Rd Cocorite	628-3214
<u>EAST</u>		
Dr. Bal Ramsaran	31 Sorzano Street, Arima	667-3048
Dr. Bal Ramsaran	Mik Arl Building 143 Eastern Mn. Rd, St Augustine	663-2387 662-2802 Fax
Hi-Tech Medical Laboratory Service Limited	K.P.R. Medical Centre, Cor. Ojoe Rd &Sookramville #2, Sangre Grande	668-0774
Curepe Medical Laboratory Services Limited	11 Eastern Main Rd, Curepe	662-1217/2657
“ “	No. 5 Sellier Street, Curepe	645-9849
Lab Medica Services	91 Eastern Main Rd St. Augustine	285-4648 285-4642
“ “	Health Net Caribbean Building 112 Eastern Main Road Barataria	285-4635/4642
St. Augustine Radiology Service Limited	4 Austin Street, St. Augustine	663-7274
<u>CENTRAL</u>		
Dr.Bal Ramsaran	Main Rd. Montrose	672-2387
Hi Tech Medical Laboratory Services Limited	Chaguanas Specialist Centre Main Road, Chaguanas	665-2049

LISTING OF LABORATORIES

NAME	ADDRESS	PHONE NUMBER
<u>CENTRAL</u>		
Hi Tech Medical Laboratory Services Limited	Dr Roche's Building, Chaguanas 11 De Verteuil Street	671-2919
Hi-Tech Medical Laboratory Services Limited	245 Kelly Village Caroni	669-8383
Lab Medica Services	Health Net Caribbean Building 449 Munroe Rd Cunupia	285-5642 357-0379
Lab Medica Services	Health Net Caribbean Building Isaac Junction JTA Shopping Plaza, Couva	285-4641
Medical Diagnostic Technologies Ltd.	X-Ray Department, Specialist Centre, 84 Main Road, Chaguanas	671-9729
Victoria Laboratories Ltd.	22 Southern Mn. Rd, Couva	636-4567
Victoria Laboratories Ltd.	14 Endeavour Rd, Chaguanas	665-1928
<u>SOUTH</u>		
Gasparillo Diagnostic Centre	7 Harmony Hall Rd, Gasparillo	650-3722
Lab Medica Services	69-71 Point a Pierre Rd San Fernando	285-4641 336-6537
Lab Medica Services	South Coast Medical Center Bldg 37-39 Princess Margaret Street San Fernando	285-7262 336-6372
Premium Medical Lab Services	1071 SS Erin Rd, Penal	647-1646
Southern Medical Services Company Limited	26-34 Quenca Street San Fernando	652-2078

LISTING OF LABORATORIES

NAME	ADDRESS	PHONE NUMBER
<u>SOUTH</u>		
Victoria Laboratories Ltd.	8 Guapo Cap De Ville Rd, Point Fortin	648-1862
Victoria Laboratories Ltd.	7 Lothians Rd, Princes Town	655-9932
Victoria Laboratories Ltd.	14 Guppy Street Vistabella	652-4583/4579 657-0761 Fax
Victoria Occupational Health & Wellness Centre	9-13 Archibald Street Vistabella	652-4579 652-4583

LIST OF OPTICIANS

NAME	ADDRESS	PHONE NUMBER
<u>NORTH</u>		
Allison's Eye Centre	99 Edward Street, Port of Spain	627-2554
Carter's Optical	Unit No. 45 Ellerslie Plaza, Maraval	622-7975
Choice Optical Limited	No. 43-45 Frederick Street, Port of Spain	624-6126
Courts Optical	Chacon Street, Port of Spain	800-4222 800-2289
Doctors' Optical Centre	Level 3 Long Circular Mall St. James	628-1874
Look Opticians	27 Ariapita Avenue, Woodbrook	627-5665
Look Opticians	39 Frederick Street, POS	866-5665
Optometrists Today	76 Frederick Street, Port of Spain	623-2329
Social Eyes Optical Ltd	Unit 24 A Shoppes of Maraval No. 3 Saddle Road, Maraval	622-5747
Value Optical Limited	#41 Frederick Street, Port of Spain	627-1000 627-5367
<u>WEST</u>		
Optometrists Today	The Falls, Westmoorings	633-2329
<u>EAST</u>		
Absolute Vision Limited	Anva Plaza 16 Eastern Main Rd, Tunapuna	662-0892 796-8281
Absolute Vision Limited	18 Eastern Main Rd, St. Augustine	663-4776
Allison's Eye Center	37C Pro Queen Street, Arima	664-0075
Choice Optical Limited	Jadoo's Plaza Corner Queen & Green Street, Arima	664-1072

LIST OF OPTICIANS

NAME	ADDRESS	PHONE NUMBER
<u>EAST</u>		
Choice Optical Limited	Shop 4 GF, Socorro Village Corner Fifth St & El Socorro Road, San Juan	675-8884
Courts Optical	Cor. Pro Queen & High Street, Arima	800-4222
Courts Optical	10 Eastern Main Rd, Sangre Grande	800-4222
Courts Optical	Cor. Don Miguel Rd Churchill Roosevelt Highway, San Juan	800-4222
Courts Optical	Valpark Shopping Plaza, Valsayn	672-7522
Imperial Optical (Trinidad) Ltd	Cor. of Green & Cocorite Street, Arima	223-1674
Look Opticians	141 Eastern Main Rd, St. Augustine	645-5665
Optometrists Today	City of Grand Bazaar Churchill Roosevelt H/way, Valsayn	645-2329
Optometrists Today	31 A Queen Street, Arima	667-2329
Optometrists Today	Trincity Mall, Trincity Central Rd, Trincity	640-2329
Sight Optical Ltd	16-18 Eastern Main Rd Anva Plaza, Tunapuna	645-2973
Value Optical	15 Eastern Main Rd, San Juan	674-5367
Value Optical	129 Eastern Main Rd Corner Fairley Street, Tunapuna	662-5367
Value Optical	21 Brierney Street, Sangre Grande	225-4865
Vision Optical	Valpark Shopping Plaza, Valsayn	662-6453
Vision Optical	Trincity Mall, Trincity Central Rd, Trincity	640-1217
Visual Eyes	Cor. Southern Mn Rd & Valsayn Ave, Curepe	662-3937

LIST OF OPTICIANS

NAME	ADDRESS	PHONE NUMBER
<u>EAST</u>		
Visual Eyes	Eastern Main Road, Arouca	692-2015
<u>CENTRAL</u>		
Absolute Vision Limited	Shakeer Place (By Wendy's) Cor. La Clave St & Montrose Main Rd Chaguanas	665-0309
Absolute Vision Limited	172 Southern Main Rd Next to Kurban Electrical, Couva	636-0798
Choice Optical Limited	Busy Corner Cor. Queen & Green Street, Chaguanas	672-1693
Choice Optical Limited	No. 203 Southern Main Rd , Couva	297-0296
Courts Optical	Cor. Calcutta Rd & Solomon Hochoy H/way Freeport	672-7577 Ext 3550
Focus Vision Limited	194 Southern Main Rd, Couva	679-7323
Optometrists Today	Centre City Mall, Main Rd, Chaguanas	672-2329
Rashmi Mathur Optical Limited	Atlantic Plaza, Point Lisas	679-7877
Spectacle World Optical Ltd	LP No. 378 Southern Main Rd Enterprise	671-4842
Value Optical Limited	Mid Centre Mall, Chaguanas	672-1080
<u>SOUTH</u>		
Bright Optical	30A High Street, Siparia	288-7838
Bright Optical	Nyron Mall, High Street, Rio Claro	644-2064
Choice Optical Limited	No. 7 Mon Chagrin Street San Fernando	691-5464

LIST OF OPTICIANS

NAME	ADDRESS	PHONE NUMBER
<u>SOUTH</u>		
Courts Optical	25-31 High Street, San Fernando	800-4222
Courts Optical	High Street, Rio Claro	800-4222
Courts Optical	27 High Street, Siparia	800-4222
Courts Optical	195 Southern Main Road Marabella	800-4222
Courts Optical	8 Guapo Cap-de-Ville Main Rd Point Fortin	672-7577 Ext 6750
Eye Care Specialists	Cathay House Carlton Centre, St James Street	657-2879
Ferguson Optical Limited	100 High Street, Princes Town	760-1976
“ “	39 Bonneaventure Main Rd, Gasparillo	292-3185
“ “	4 Clarke Rd, Junction, Penal	369-1650
Focus Vision	24 A Coffee Street, San Fernando	653-6287
Focus Vision	217 Main Road, Point Fortin	648-3520
Look Opticians	125 S.S. Erin Road, Duncan Village San Fernando	800-5665
Optometrists Today	Level 1, Gulf City Mall Extension La Romain	657-2329
Optometrist Today	C3 Centre Corinth, San Fernando	652-2329
Optometrist Today	Pennywise Plaza 51-52 Corner La Bel Air Rd South Trunk Rd, La Romain	697-2329
Value Optical Limited	PriceSmart Plaza , La Romain	697-4000

LIST OF OPTICIANS

NAME	ADDRESS	PHONE NUMBER
<u>SOUTH</u>		
Value Optical Limited	14-16 Guapo Cap-de-Ville Rd Point Fortin	648-0000
Value Optical Limited	High Street, Princes Town	655-1080
Value Optical Limited	#70 High Street, San Fernando	653-1000
Value Optical Limited	163 Southern Main Road Marabella	657-5367
Value Optical Limited	Penal Junction Penal	647-4000
<u>TOBAGO</u>		
Courts Optical	Gulf City Low Land Mall, Tobago	800-4222
Excellent Vision Optometrists Ltd	34-35 TLH Building Milford Road, Scarborough Tobago	639-3030
Value Optical Limited	Shopped at West City Milford Rd, Cannan Tobago	225-4865 Ext 4210/4211